



Summer Classes

2- 4 week Summer Session

Session 1 Weeks of May 26, June 2nd, June 9th, June 16th,
Session 2 weeks of July 7th, July 14th, July 21st and July 28th

Closed: June 23rd-July 6th

Developmental 1 \$70

This is a one hour beginner level class. This group will work on backward rolls, cartwheels, handstands, pullovers, back-hip-circles, swings, walks on high and low balance beams, hitting the springboard correctly and vaulting.

Developmental 2 \$70

This is a one hour intermediate level class for children who have mastered developmental 1. This group is ready to work on bridge kick overs, round-offs, handstand forward rolls, front limbers, pullovers, back-hip circles, shoot through, cartwheels and handstands on the balance beams and handstand flat backs on the pit.

Developmental 3 \$70

This is a 1 hour class for those that have completed Developmental 2. This class is appropriate for those wanting to train for middle school gymnastics.

Developmental 4-6 \$70

This is a 1 hour class for those that completed Developmental 3.

3 & 4 Year Olds \$55

This is a 40 minute entry level gymnastics class. This group will work on basic motor skills, forward rolls, basic swings/hangs on the bar, walks on high beam and beam mounts/dismounts

5 Year Olds \$55

This is a 40 minute class. This group will be working cartwheels, bridges, pivot turns, jumps on the beam, pullovers on bars walking up a wall and spotted back-hip-circles.

Middle /High School Training \$155

Back Handspring Class \$40

Private Lessons \$25

Class Days & Times

Tuesday 4:00-5:00 pm

Tuesdays 6:00-7:00pm

Mondays 10:00-11:00am

Friday 10:00-11:00

Tuesday 5:00-6:00 pm

Tuesday 4:00-5:00 pm

Tuesday 6:00-7:00pm

Tuesday 5:00-5:40 pm

Tuesday 5:45-6:25 pm

Monday/Wednesday 8:00-11:30am

Wednesday 10:00-10:30am

Mondays 11:00-11:30am



Summer Classes

Open Gyms May 19th and 20th

Summer Session 1: May 27th-June 21st

Camp week of June 23rd

Closed June 28th-July 6th

Summer Session 2: July 7th-August 1st

Open gyms August 4th and 5th

**Team classes are by invitation only*

Level 1 and 2 \$120

Monday/Wednesday 8:00-10:00am

Level 3 \$140

Monday/Friday 8:00-11:00am

Level 4 and 5 \$205

Monday/Wednesday/Friday 8:00-11:00 am

Level 6-9 \$215

Monday/Wednesday/Friday 8:00-11:30 am